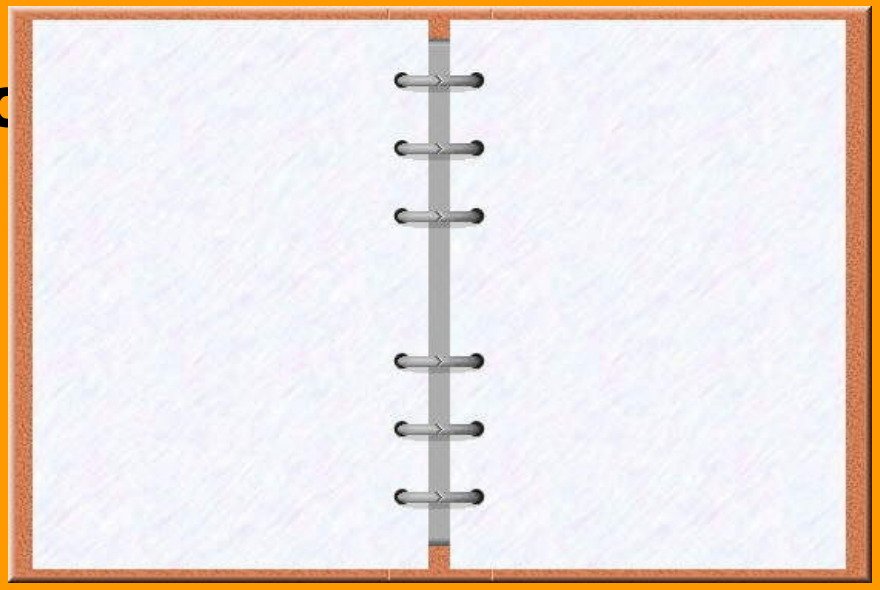
Building 90

Safety Meeting

11 October 2006

Agenda

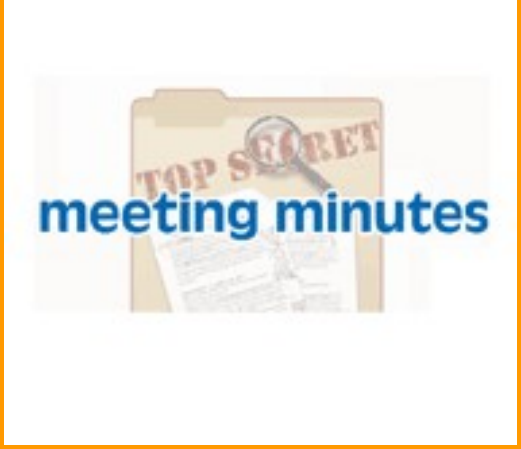
- Meeting minutes, dated 09/12/06
- Review of open actions
- Topics of the Month:
  - Fire Safety
  - Hunting Safety
  - Miscellaneous Info
- Questions



Meeting Minutes

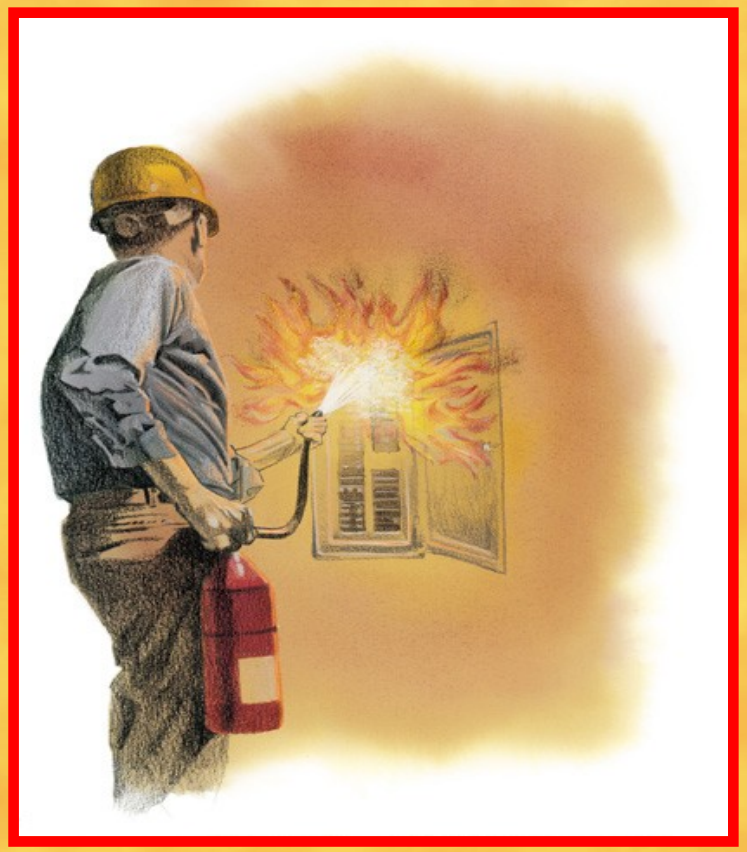
- **Sent via email, 09/13/06**

- **Actions:**
  - **Become familiar w/ evac point**
  - **Nominate S.A.F.E.**



Topic of the Day

Fire Safety



FIRE SAFETY

Informati
on

Elements Of Fire

* **Fuel**
* **Oxygen**
* **Heat**
* **Chemical reaction.**

Take away any one of these factors, and the fire cannot exist!

October Is National Fire Prevention Month

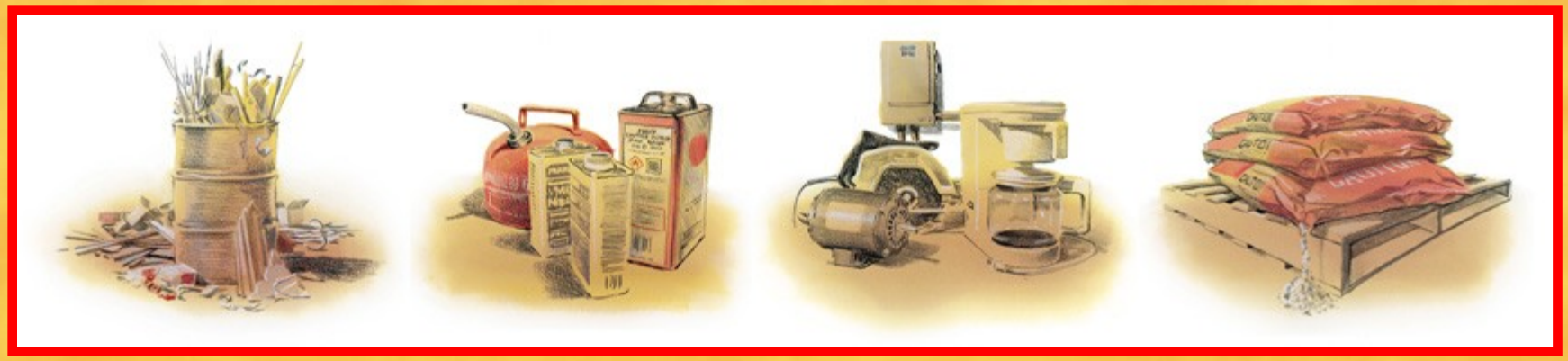
Classes Of Fire

Class A

Class B

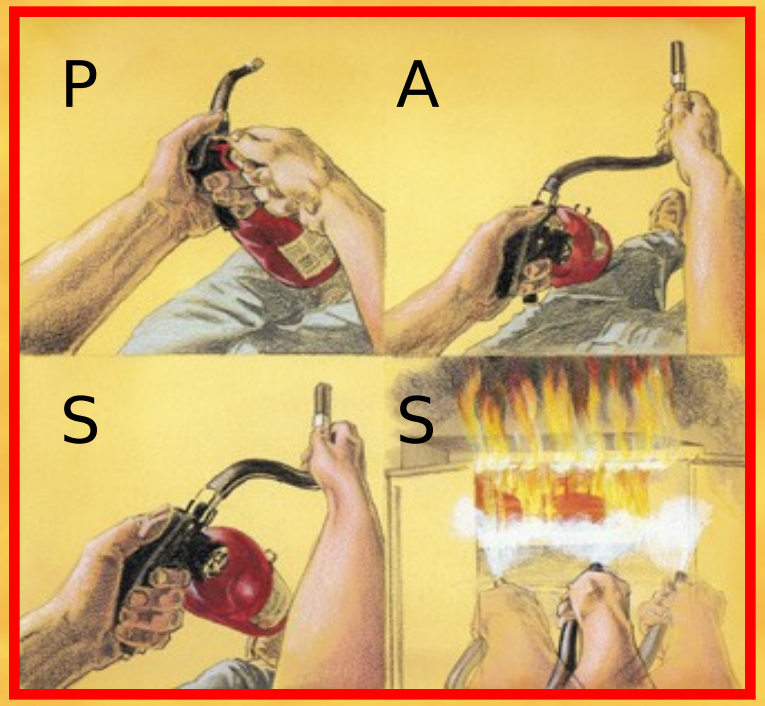
Class C

Class D



Fire Extinguishers

To properly use a fire extinguisher, follow the P-A-S-S procedure:



P **Pull** the pin

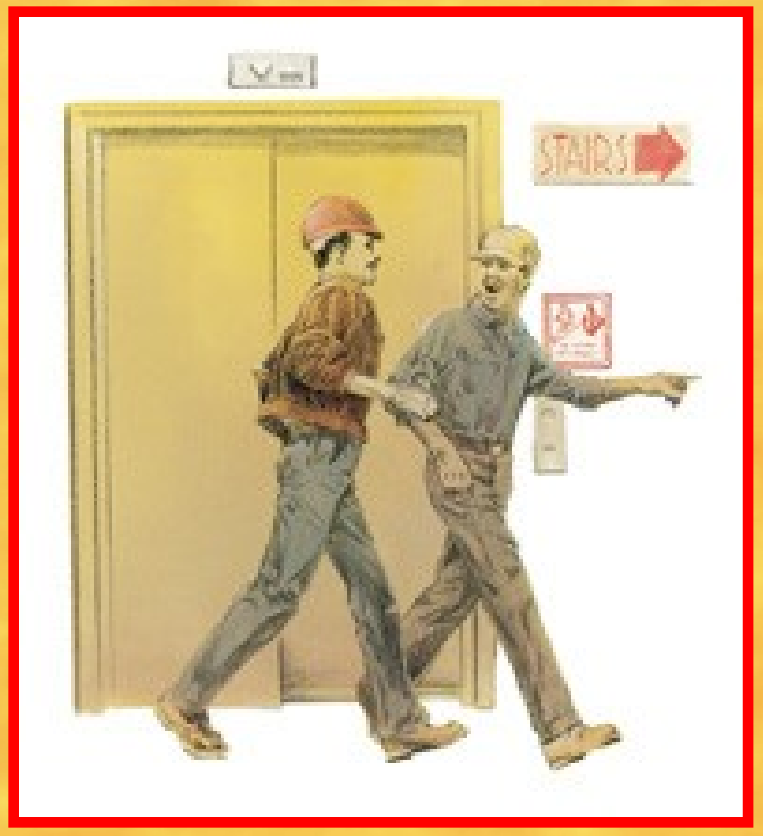
A **Aim** the extinguisher's hose or nozzle at the bottom of the fire

S **Squeeze** the trigger

S **Sweep** it slowly back and forth, covering the entire fire with the extinguishing substance.

October Is National Fire Prevention Month

What To Do If Fire Occurs



* **911 and pull boxes**

* **Evacuation location**

* **Accountable person**

October Is National Fire Prevention Month

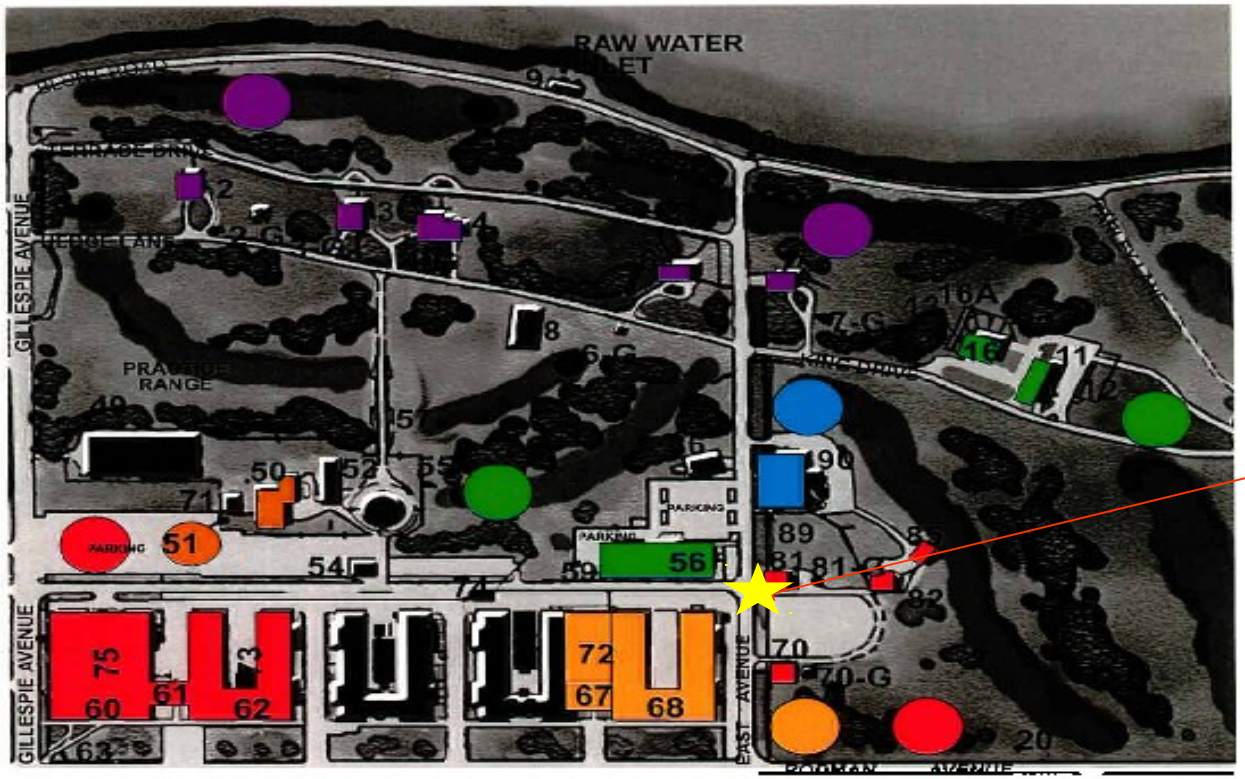
Evacuation Reminder

Evacuation Point for Building 90

At corner of

<u>North Avenue and East Street</u>

ROCK ISLAND ARSENAL
EVACUATION ASSEMBLY POINTS



QUADRANT 4

Quarters 2, 3, 4, 6	Report to #1 Green north of quarters
Quarters 7	Report to #2 Green north of quarters
Bldgs 11, 16	Report to grass area east of bldg 11
Bldgs 60, 61, 62, 75	Report to parking lot OF north of bldg 60
Bldgs 50, 52	Report to parking lot OF south of building 50
Bldg 56	Report to #16 Green northwest of bldg 56
Bldgs 67, 68, 72	Report to POW/MIA Memorial East of bldg 68
Quarters 70, 81, 82, 85	Report to POW/MIA Memorial South of quarters
Bldg 90	Report to #15 Green north of bldg 90

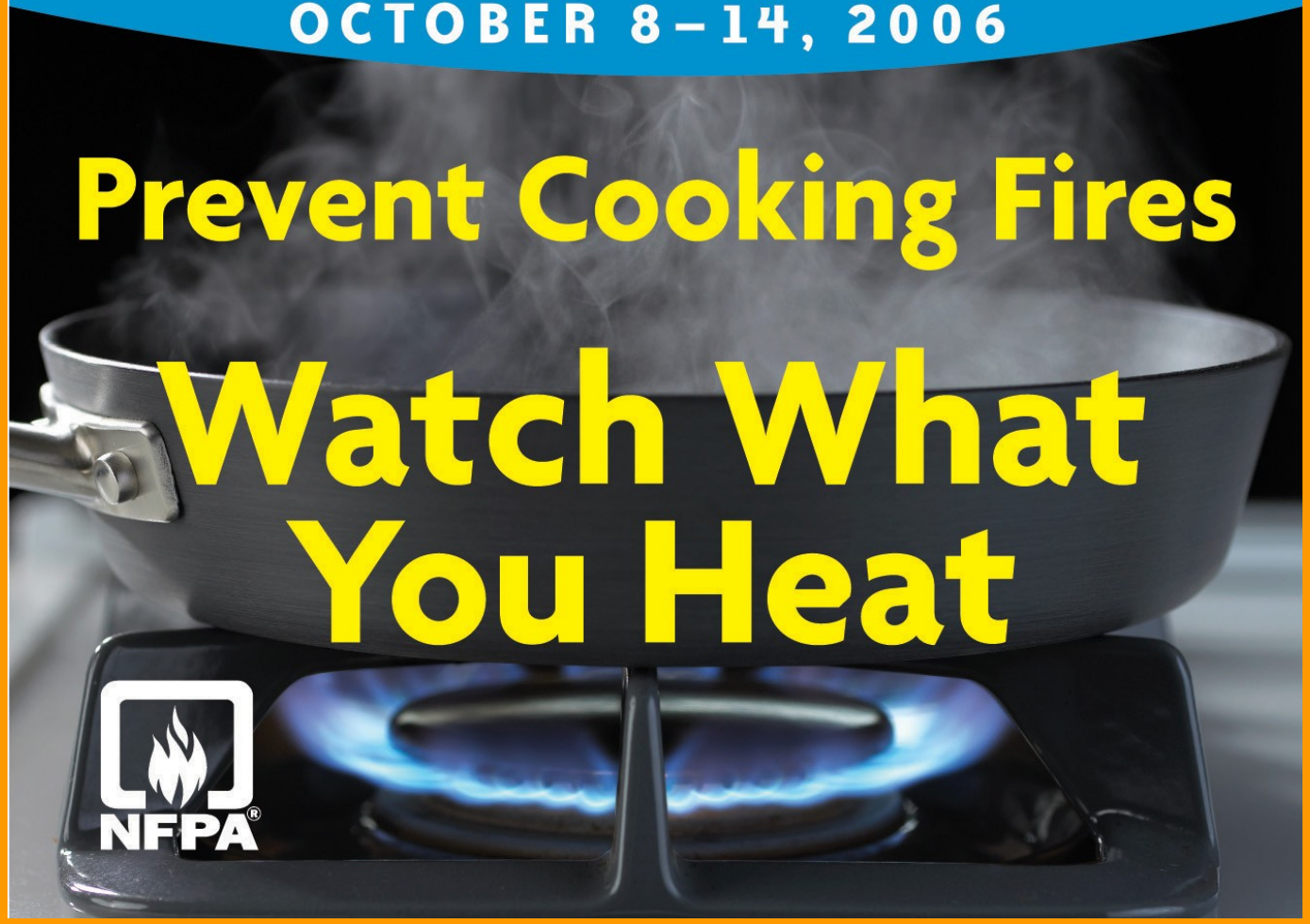
Fire Prevention Week

Am I the reason?

FIRE PREVENTION WEEK
OCTOBER 8–14, 2006

Prevent Cooking Fires

Watch What You Heat



Cooking Fire Facts

- **Between 1999-2002**
  - **114,000 reported home fires**
  - **290 deaths and 4,380 injuries.**
- **<u>Unattended cooking</u> = leading cause and *#1 cause of home fires***
- **3 in 10 reported home fires <u>start in kitchen</u>**
- **2 of 3 home cooking fires start with range or stove**

Cooking Fire Facts

- **<u>Electric</u> ranges or stoves = higher risk of fires, injuries, property damage**

  BUT…

- **<u>Gas</u> ranges or stoves = higher risk of fire**

A typical kitchen?

“Stand by your Pan!”

Cooking Caution

- **Never leave pot/pan unattended**
- **Keep cooking areas clear of combustibles**
- **Never use wet oven mitt/pot holder**
- **Push up your sleeves…**
- **Keep kids/pets away**
- **Wipe up spills**
- **Pay attention**

Cooking Fires

Stove – <u>Smother flames</u>; slide lid over the pan; turn off burner. Do not remove lid; do not pour water; do not discharge fire extinguisher

Microwave – Keep door closed; unplug

Oven – Keep door closed; turn off heat

5 September 2006

- **Ft. Leavenworth**

Pop, Pop… Poof!

Oh, that burnt popcorn smell....

FIRE PREVENTION WEEK OCTOBER, 8th - 14th 2006
PREVENT COOKING FIRES...
WATCH WHAT YOU HEAT!
© NFPA
FOR MORE FIRE SAFETY TIPS, CHECK OUT firepreventionweek.org!

Hunting Safety

"That guy's reading 'Hunting for Dummies.' I don't think he poses much of a threat."

Hunting Regulations

- **Require hunter/blaze ORANGE**

- **Restrict loaded firearms in vehicles**

- **Regulate where, when, what, how**

A.C.T.T.

- **Assume every gun is loaded**
- **Control the muzzle**
- **Trigger finger**
- **Target**

P.R.O.V.E.

- **Point the firearm in safe direction**
- **Remove all ammunition**
- **Observe the chamber**
- **Verify the feeding path**
- **Examine the bore**

Safety Equipment

- **Wear**
  - **Safety glasses**
  - **Hearing protection**
  - **Closed collared shir**
  - **Padded jacket**
  - **Proper footwear**
- **ORANGE**

"This is Tom's 2nd speech on how to hunt safely. Unfortunately, I missed his first speech."

Hunting Safety

Unload firearm – poor footing

Never run/jump with loaded fire

Assure clear, unobstructed sh

<u>NEVER</u> consume alcohol/drug

Separate ammo (lock/key)

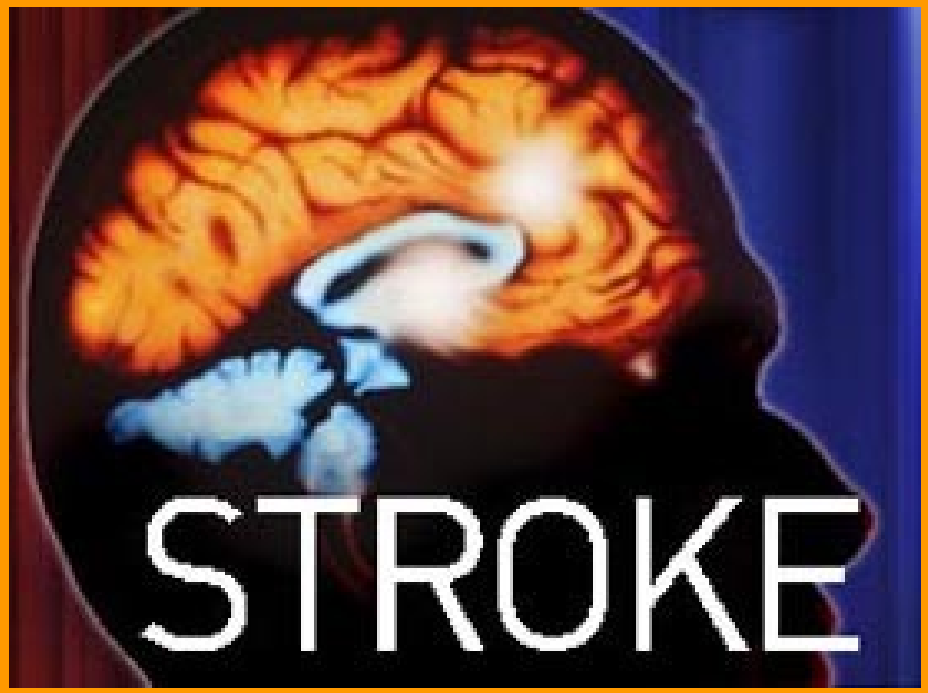
Deer Droppings…

The deer hit ME!!

STROKES

Strokes

- **A cardiovascular disease**
- **Affects blood vessels that supply blood to the brain**



4 Types of Strokes

- **Caused by *blood clots* or other particles (ISCHEMIC); account for 70-80% of all strokes**
  - ***Cerebral Thrombosis***
  - ***Cerebral Embolism***
- **Caused by *bleeding* (HEMORRHAGE); higher fatality rate**
  - ***Cerebral Hemorrhage***
  - ***Subarachnoid hemorrhages***

Warning Signs

- **Sudden numbness or weakness of the face, arm, or leg**

- **Sudden confusion, trouble speaking, or understanding**

- **Sudden trouble seeing in one or both eyes**

Warning Signs

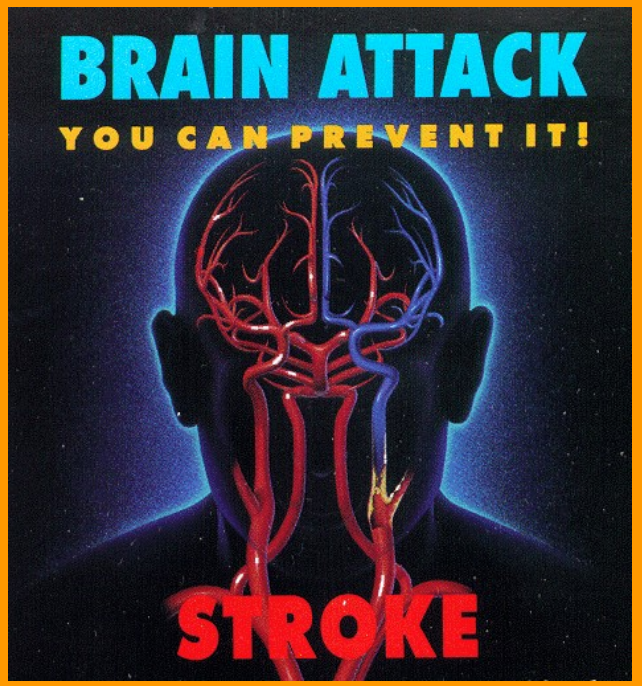
- **Sudden trouble walking, dizziness, loss of balance or coordination**

- **Sudden, severe headache with no known cause**

Strokes

- **Important to recognize stroke and get immediate medical help**
  - **A new drug –**

<u>3 HOURS</u>



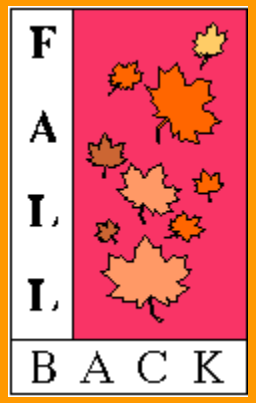
How to Recognize "Stroke"

- **Ask the individual to**
  - **SMILE**
  - **RAISE BOTH ARMS**
  - **SPEAK A SIMPLE SENTENCE**
    ("It is sunny out today")

Miscellaneous

- **Public Safety Answering Point (PSAP)**

- **Daylight Saving Time**
  - **29 October 2006**



Miscellaneous

- **Composite Risk Management**
  - **30 October 2006**
  - **Post test 80% or better**
  - **Allow 2 hours to complete**
  - **Print out certificate of completion**

Miscellaneous

- **Halloween**
  - **October 31, 2006**

Halloween Safety

If you are not accompanying your children, make sure…

They wear a watch and know when their curfew is.

Have enough money to call home if needed.

They don’t eat any candy until they get home and you inspect it first.

Your children and you know in advance the route they will be taking.

Be careful when crossing streets.

Walk on sidewalks, not in the street.

Walk on the left side of the road, facing traffic, if there are no sidewalks.

Walk, do not run, from house to house.

Do not cross yards and lawns where unseen objects of the uneven terrain can present tripping hazards.

Never let your children trick-or-treat alone!!

Especially under the age of 12.

It makes it hard to kidnap kids if other kids are around.

Have them walk with lots of friends.

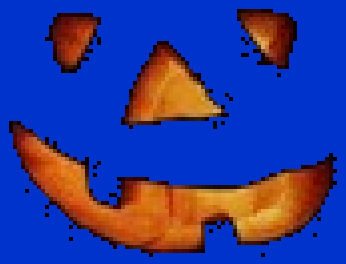
Costume Safety Tips:

- Make sure the material is fire retardan
- Choose bright colors and add reflective tape.
- Make sure the costume's not a tripping hazard.
- If it's cold outside, wear warm clothes under the costume.

If they go without you, remind your children to…

Trick-or-treat in familiar neighborhoods--at homes of people you know.

If approached by a stranger, go to the nearest well lit house and find an adult.



Don’t trust anyone they don’t know or recognize (even if they think they’re just fooling around).

And for all of you who are old enough to do so...

DON'T
DRINK
AND FLY

Drinking and Driving KILLS!!

HAPPY HALLOWEE N !
Have a spooky time and make it mishap

S.A.F.E.

Sure Am Fortunate Experience

SAFE

Here's the story…

And the winner is…

Lessons Learned

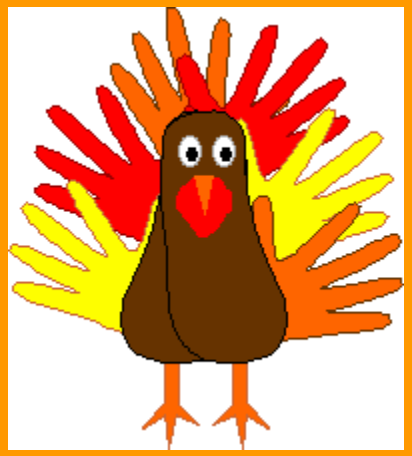
- Plan ahead
  - garbage can accessible
  - drippings
- Buy / use microwave bacon cooker

Familiar Quote…

Think Safe
Work Safe
Play Safe
Be Safe

Next Meeting

- **15 November 2006**
- **1300**
- **2nd Floor Conference Room, BLDG 90**



QUESTIONS?